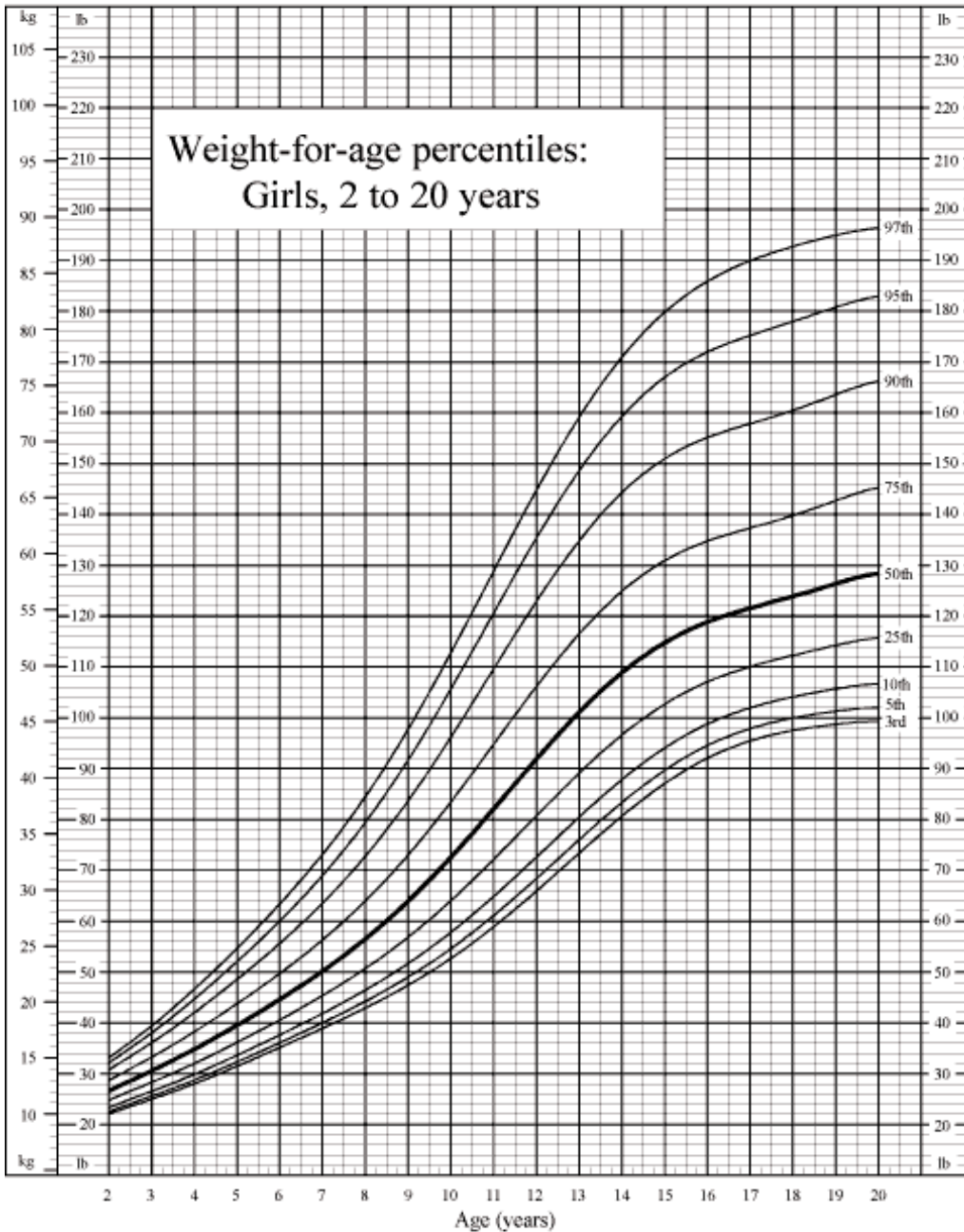


Weight Chart For Children (Girls)

CDC Pediatric Growth Chart For Girls Showing BMI-For-Age
[Diet and Weight](#) - [Obesity Information](#)

CDC Growth Charts: United States



SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).



Compare your daughter's Body Mass Index (BMI) with the numbers on this chart to see what percentile her BMI-for-age falls into.

Girl's Weight Status Should Be Determined By Individual Examination

Even if a girl's weight falls between the 5th and 85th percentiles, this does not necessarily mean that she has a healthy weight. Your child's weight status should be assessed by your doctor on the basis of individual examinations conducted over time. This method is required to allow for growth spurts which may otherwise